

# COMPOSTING CHECKLIST

## GREEN MATERIALS (NITROGEN)

**Grass Clippings**  
**Food Scraps**  
**Veggie Scraps**  
**Fruit waste**  
**Coffee Grounds**  
**Tea Bags**  
**Garden Waste**  
**Corn Husks**  
**Bread**  
**Feathers**

## BROWN MATERIALS (CARBON)

**Leaves**  
**Shredded Straw, Hay**  
**Sawdust**  
**Woodchips + Twigs**  
**Wool**  
**Cereal Boxes**  
**String/Cotton Thread**  
**Ashes from wood**  
**Nut Shells**  
**Shredded Newspaper**  
**Corn Stocks + Cobs**  
**Brown paper bags**  
**Eggshells**

## PROHIBITED

**Meat**  
**Fish**  
**Poultry**  
**Bones**  
**Milk Products**  
**Oil**  
**Pet Poop**  
**Glossy Paper**  
**Harsh Chemicals**  
**Weed Seeds**  
**Insect Infected Plants**

## RATIO

**N:C = 2:1**

**Too much Nitrogen =  
Smelly Compost**

**Too much Carbon  
makes it hard to  
break down.**

## LAYERING

**Start with a thick  
drainage layer of twigs.**  
**Then follow the  
ABCs:**  
**A. Layer of kitchen  
scraps + GREENS**  
**B. Layer of BROWN**  
**C. Moisten well.**  
**REPEAT**

**Turn/mix weekly with  
a garden fork**